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# INTOUCH



Can they ever  
forgive her?

TERESA  
FINALLY  
SURRENDERS

# I'M SORRY I WAS SELFISH

EXCLUSIVE INTERVIEW

Now Public Enemy #1  
on NJ Housewives, lonely  
Teresa waves the white flag.

"Things have gotten out  
of hand. I wish I could take  
it all back and start over"

PLUS:  
APOLOGY  
LETTERS  
INSIDE

Dear Caroline,  
I'm truly sorry for  
offending you and your  
cooking. I miss having  
fun and letting loose with  
you. We had a lot of  
fun together and shared  
I miss

JEN & JUSTIN'S  
1ST ANNIVERSARY

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NO BABY!



DWTS' MARIA  
DROPS  
TWO SIZES!



DIVORCE DRAMA

KRIS'  
PARENTS  
SUE KIM!

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# STARS GET CELLULITE

at every age!

These ladies might lead charmed lives, but that doesn't mean they don't suffer from cellulite

**ANGELA  
SIMMONS**  
AGE: 24

While *Run's House* star Angela tells *In Touch* her workout entails "boxing, lots of squats and weights," unfortunately exercise alone doesn't prevent skin from rippling. Plastic surgeon Dr. Mir Joffrey explains that about 90 percent of post-adolescent women get cellulite.



**THE  
20's**

**JENNI  
"JWOWW"  
FARLEY, AGE: 26**

"Of course I have cellulite," JWoww admits to *In Touch*. "All women do. I'd love to work on my legs, my hips, my arms. It's a never-ending process." Even so, she doesn't obsess about her weight or the number on the scale. Instead, she feels happy as long as her clothes fit.







**KIM KARDASHIAN**  
AGE: 31

"My thighs are jiggy, and I have cellulite," Kim has openly stated. She tried to treat her bulges and dimply skin with VelaShape, a device that uses a combination of vacuum suction, heat and massage. But ultimately Kim feels her cellulite will never completely disappear.



**MELISSA GORGA**  
AGE: 33

Melissa is toned, fit and weighs just 115 pounds, but the back of her thighs are slightly rippled. "It's surprising when somebody thin has cellulite," says Dr. Marmur. "But cellulite is largely genetic and affects skinny and overweight women."

**THE 30's**



**JENNIFER HUDSON**  
AGE: 30

Jennifer lost more than 80 pounds on Weight Watchers, but a little leg lumpiness remained. "Shedding pounds can definitely improve the appearance of cellulite, but it doesn't get rid of it entirely," explains Dr. Marmur.

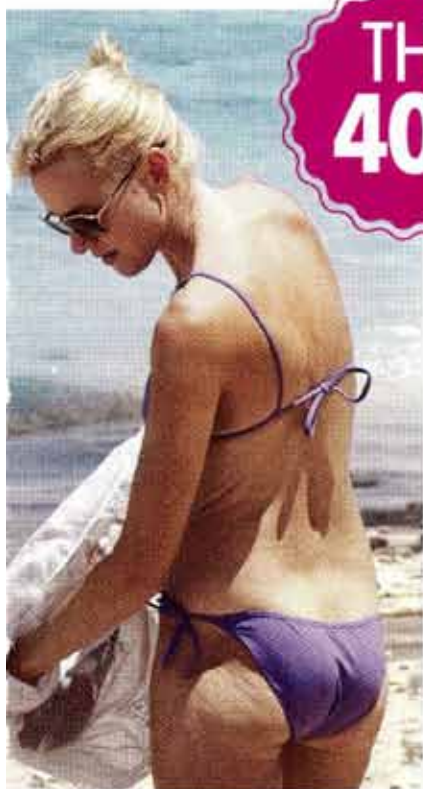


**CHRISTINA AGUILERA, AGE: 31**

"Cellulite becomes more bothersome after the age of 30 when the skin gradually becomes thinner," says Dr. Joffrey. But as Christina has gotten older, she has grown to appreciate her appearance, including her flaws. "I love my body," she has said.



## THE 40's



**NAOMI WATTS**  
AGE: 43

As a mother of two, Naomi may have noticed a few more indentations in her skin after pregnancy. "Hormone fluctuations and weight change certainly can contribute to the formation of cellulite," Dr. Joffrey explains *In Touch*.



**BETHENNY FRANKEL**  
AGE: 41

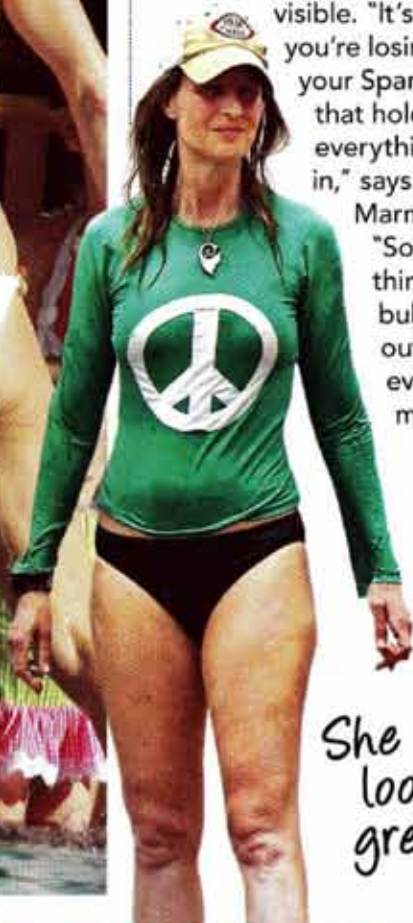
"I'm too thin and not always hungry," Bethenny has admitted. Dr. Joffrey notes an inadequate diet can result in unhealthy skin, which makes cellulite appear worse.



**HELEN HUNT**  
AGE: 48

Unfortunately for all women, including Helen, skin loses its elasticity over time, making unflattering cottage cheese-like skin more

visible. "It's like you're losing your Spanx that hold everything in," says Dr. Marmur. "So things bulge out even more."



She still looks great!

## THESE LUCKY LADIES DON'T HAVE AN OUNCE OF CELLULITE!



**LEIGHTON MEESTER**  
AGE: 26

Leighton's über-healthy lifestyle is the secret to her smooth skin. "I eat organic. I take a lot of vitamins. I make 98% of my own meals," she recently told *Marie Claire*. Oh, and she does yoga, too!



**CAMERON DIAZ**  
AGE: 39

Cameron has no complaints about her appearance and it's easy to see why. "I'm very happy with the way I look," she has admitted. "I catch myself in the bathroom mirror, and go, 'Hey girl, you're all right.'"



**JULIA ROBERTS**  
AGE: 44

Julia's longtime trainer Kathy Kaehler tells *In Touch* her client works hard to maintain her enviable legs. "She is reaping the benefits from years of doing step aerobics, walking and yoga," says Kathy.